

# THE BIG WOODY LONG COURSE TRIATHLON AND AQUABIKE

2.4MILE SWIM - 112MILE BIKE - 26.2MILE RUN

## 1ST SEPTEMBER 2007

- Chqs payable to TRI COACHING UK sent to Tri Coaching UK, 3 The Poplars, Upper Lydbrook, Glos, GL179PP
- Cashing of Chq confirms entry
- SAE not required unless you don't have access to the internet
- Entry on the day only available at the Forest of Dean Duathlon
- For race information visit [www.tricoachinguk.org](http://www.tricoachinguk.org), email [racing@tricoaching.org](mailto:racing@tricoaching.org) or phone Trevor on 01594 860454
- For Marshalling opportunities please phone Trevor on 01594 860454

[www.tricoachinguk.org](http://www.tricoachinguk.org)

First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

D.O.B. \_\_\_\_\_ AGE \_\_\_\_\_

Postcode \_\_\_\_\_

Tele: \_\_\_\_\_

Email: \_\_\_\_\_

Club Name: \_\_\_\_\_

BTA No: \_\_\_\_\_

T-Shirt      S    M    L    XL (please circle)

Affiliated -            £150 \_\_\_

Non Affiliated -      £155 \_\_\_

Relay-                    £160 \_\_\_

Aquabike-              £110 \_\_\_

All Tri Coaching events are run under British Triathlon rules and all entrants need to be members of the BTA. All non members pay a day membership fee. Affiliated members must show their membership card or pay the levy.

On entering this event I do so in the knowledge that by its nature there are inherent risks. I also declare I am fit enough to partake in this event. I will not hold the organiser or its appointed officers responsible for any injury or loss - If this were not true the event organiser would not accept my entry

Signed: \_\_\_\_\_

Dated: \_\_\_\_\_

Please tick here if you do not want to be contacted by the race sponsors

